Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
.2016 Theme "Blaze a Trail" Older Americans Month	CENTER	LAW DAY 11:00 – 1:00 11:45 Today's News 1:00 Craft Project	KICK-OFF "Walk Across Brunswick" 12:45 Bingo	10:15 Card Games 11:00 Library 12:00 Taco in a bag 12:30 Wal-Mart Shopping de Mayo	9:30 Donuts & Coffee 10:00 Card Games 11:15 Chair YOGA 1:00 Groceries For Seniors at DOA	Department of Aging trips for MAY: 5/6 – Flower- Mart Baltimore, MD 5/13 –National
HAPPY MOTHER'S DAY Mother's Day	CENTER CLOSED	9:00 Strength Tr. 10 10:00 – 2:00 Visit Emmitsburg Senior Center & National Fire Academy 5:30 Card Party	10:30 Nurse STE 16 Blood Pressure Screening & discussion-"Are these symptoms serious?" 12:45 BINGO	9:00 Strength Tr 12 10:00 Wii	9:30 Coffee Cake & Coffee 10:00 Card Games 11:15 Chair YOGA 1:00 Wheel of	Civil War Museum Harrisburg, PA For reservations or more details about trips please see trip flyer or call for
15	CENTER CLOSED	9:00 Strength Tr 17 10:00 Rummy 10:00 Wii Bowling 11:30 Church Lunch 12:00 Puzzles	18 11:00 Lunch Out with Friends	9:00 Strength Tr 19 10:00 Wii 11:00 Library 11:45 Trivia 1:00 Local Shop	10:00 Card Games 11:15 Chair YOGA 1:00 Coloring Pages	21
22	CENTER CLOSED	9:00 Strength Tr. 24 11:00 Fred Bailess Mental Health 5:30 Card Party	Garden Party Hosted by Urbana Senior Center 10:00 – 2:00	9:00 Strength Tr 26 10:00 Wii 10:15 Card Games 11:00 Library 11:45 Trivia 1:00 Local Shopping	9:30 Donuts & coffee 10:00 Card Games 10:30 Mobile I & A	28
Senior Center "Where the finest people meet" Brunswick Senior C	&County Offices CLOSED	9:00 Strength Tr 31 10:00 Rummy 10:00 Wii Bowling 11:45 Nutrition Minute 12:00 Puzzles Street 301-834-8	3	Brunswick S	2016 Senior Center of the series of the seri	